



Ysgol Gyfun Gymraeg Bro Myrddin

Sex and Relationship Policy

Date reviewed by the Governing Body: 30 March 2017

Signature of Chairperson: _____

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Sex and Relationship Policy

Sex education is taught under the Pastoral Program and the Personal and Social Education Program **umbrella** as well as within Biology and Religious Education lessons.

Sex Education and Relationship Goals and Objectives

Ensure a moral framework that encourages pupils to consider self-discipline, dignity and self-respect and allow pupils to value the worth of a stable family life and the responsibility of being a parent through:

- Introducing the facts **regarding** the physical and emotional developments of the pre-adolescent stage and ensure an understanding of them
- Introducing the facts regarding sex, contraception, abortion, sexual diseases, AIDS in the moral concept of a relationship of respect and love, and creating an awareness of the responsibilities and consequences of a sexual relationship
- Showing the pupils the importance of making personal, individual decisions regarding a sexual relationship. Encourage them not to unconditionally accept the standards set to them by peers and the media
- Giving the pupils the opportunity to go through the process of thinking and discussing matters **relating** to sex in order to face life situations in the future in a more mature, sensitive and thoughtful way

Introducing Sex Education and Relationship

The majority of lessons are presented by the Class Tutors within the wider concept of the PSE program for the year. In KS4 the Health Authority's Health Promoting Department is put to use and Sex Education sessions are arranged for Yr.10 in partnership with the Department. During these sessions, the Health Visitors cover the following subjects with groups of pupils:

- Contraception
- Pregnancy
- Relationships
- Sexually Transmitted Diseases

Lesson Structure and Course Philosophy

Sex Education and Relationship presents information and encourages pupils to develop skills and attitudes which allows them to organize their lives in a healthy and responsible way. The program's content will follow relevant Frameworks' recommendations and will ensure a continuity from one key stage to the other. The lessons will be carefully structured in order to set a moral and responsible concept as a foundation to every discussion. The main goal is that every individual has a choice and that every choice has emotional and physical outcomes. The idea of self-respect and respect towards others and the responsibilities of being a parent are emphasised.

As the structure of these lessons are usually discussion lessons, sensitive matters may arise during the lessons. In situations like these it is required for school staff as well as the pupils and parents to be aware of school procedures when discussing these situations.

Confidentiality and advice

Pupils are notified that it is not possible to keep all information as confidential. Some disclosed facts lead to definite action. At the same time, sensitive and appropriate support is offered to the pupil every time. Every member of staff will adhere to the following routine:

- If a member of staff hears of an incident of abuse or suspects abuse it is necessary for them to follow the school's procedures for child protection. (See the Child Protection Policy)
- If a member of staff hears that a pupil is pregnant or makes a request for advice regarding contraception, the following guidelines should be followed:
 - (i) Pupils should be encouraged to tell their parents and they should be assisted to do that if suitable.
 - (ii) If a pupil refuses the member of staff should refer the pupil to a professional person in the health sector.
 - (iii) The member of staff should record the incident and report to the Head or Deputy.

Family life

The value of family life is of utmost importance. This aspect is discussed by considering standards and relationship between different members of the group with emphasis on stability, respect, care and support.

Contraception, HIV/AIDS, sexuality and abortion

Sex education and relationship, contraception, HIV/AIDS, sexuality and abortion are discussed as a part of the sex education and relationship. Facts are presented in an objective and balanced way by encouraging the pupils to consider their own attitudes and values as well as the attitudes and values of others. Pupils are shown the difference between fact, opinion and religious belief.

Complaints

Any complaints relating to the Sex and Relationship Curriculum should be presented to the Head or the Deputy.

Parents' partnership

Parents who wish for their child to leave the classroom are asked to meet the Head or Deputy to discuss their problems; they do not have to do so. Once the child has left the

classroom, it is not possible for him/her to return to the classroom until written confirmation has been received from the parents.

Teaching and Learning Methods

- Factual/didactic presentations using external specialists when necessary
- Video films – situations about young people, imaginary stories
- Group and class discussion lead by the teacher
- Various worksheets

Guidelines for teachers who teach the course

- Detailed guidelines are given for every Personal and Social Education lesson.
- If a class discussion is planned for the lesson then careful planning is made regarding the exact questions to discuss: the teacher leads the discussion.